

# St. Margaret's Anfield Church of England Primary School

Jesus said, "Love one another as I have loved you" John 13:34.  
Therefore, by faith and work, be the change you want to see.

With God, all things are possible.



## Policy for Physical Education

**Mr M Anderson**

Version	Date	Action	Review Date
Version 1	February 2023	Adopted by Governing Body	February 2024
Version 2	March 2024	Reviewed and adopted by FGB	March 2025

## Physical Education Policy St Margaret's CE Primary School

Physical education develops pupils' physical competence and confidence, and their ability to use these to perform in a range of activities. It promotes physical skills, physical development and knowledge of the body in action. Physical education provides opportunities for pupils to be creative, competitive and to face up to different challenges as individuals and in groups and teams. It promotes positive attitudes towards active and healthy lifestyles. Pupils learn how to think in different ways to suit a wide variety of creative, competitive and challenging activities. They learn how to plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness. Through this process pupils discover their aptitudes, abilities and preferences, and make choices about how to get involved in lifelong physical activity. Physical education has the potential to make significant contributions to, and provide substantial support for, many areas of the curriculum.

### **Curriculum Intent**

- To increase the physical skill of each child, developing versatility, adaptability and the ability to cope with various tasks and situations.
- To encourage and develop controlled movements, spatial awareness and become independent by planning, performing, evaluating and improving performance.
- To help children to learn how to co-operate with each other and to work successfully as a member of a group.
- Learning progressively builds knowledge and skills through a carefully structured progression sequence.
- To engage in competitive sports and activities.
- Provision promotes children to reach or exceed their potential, regardless of their background, social disadvantage or SEND need.
- To encourage healthy lifestyles by increasing awareness of the effects of exercise on the body in the short term and long term
- To develop children's enjoyment of physical activity to encourage lifelong participation in physical activity.
- To provide opportunities for children to participate in a range of sports and activities and experience a variety of games equipment
- Children to be given opportunities to experience competitive sport at a variety of different levels.

### **The PE Policy and the National Curriculum**

PE at St Margaret's Anfield CE Primary School is taught twice a week in 1 hour sessions. The school currently have Mr Anderson delivering 1 lesson of P.E a week and another PE lesson will be taught by the class teacher at another point in the week. The Twinkl Move scheme guides the class teacher and ensures both lessons are aligned according to allow a clear progression of skills. The full Twinkl Move PE scheme is available on the shared drive.

### **Swimming**

Each KS2 year group will have weekly swimming lessons each academic year. With Y6 going for the full Autumn term, in order to catch up after COVID restrictions. Year 5, 4 and 3 will also be taking part in lessons. Y6 Top up swimming takes place after SATS in May.

Names, medical needs, SEN needs are shared with Liverpool School Swimming. A weekly register of children is kept which is transported to the pool with staff and then returned to school.

## **Pupil Experiences**

- There will be equal access for all pupils in Physical Education to guard against all types of discrimination.
- Children will be provided with the opportunity to experience a range of sporting activities.
- Opportunities to represent the school competitively in a range of activities will be provided.
- Links are made with local sports teams/clubs and children will be encouraged to join these.

## **Rationale**

- Equal opportunities to participate effectively will be given to all pupils
- Staff will follow the Twinkl Move PE scheme of work to ensure consistency and alignment with their other P.E lesson.
- Staff will deliver a structured, engaging PE curriculum.
- Two PE lessons will be delivered each week.
- Pupils will experience a range of sporting activities.
- Staff will teach the children to reflect on their learning.
- Healthy lifestyles will be promoted throughout

## **Equal Opportunities**

Equal opportunities will be given to all children in respect of:

- Race
- Gender
- Culture
- Special Educational Needs

Lessons will be adapted to allow all children to access the curriculum.

## **Assessment and Record Keeping**

The subject leader works alongside the SLT to monitor standards of teaching and learning. A structured cycle of planning and work scrutiny, observations and pupil, parent and staff interviews will provide information to judge the effectiveness of the subject as well as future development points.

Curricular development is linked to the SIP and performance management cycle where necessary and subject leaders will report to the Governing Body Committee as part of the curricular review and development process.

## **Cross-curricular links**

Teachers will seek to foster Numeracy skills in PE and link PE to the teaching of Maths. e.g. – counting, using a stopwatch, and measuring apparatus.

## **Resources**

- At St Margaret's Anfield, resources will be kept in dedicated spaces in the Sports Hall PE store cupboard.
- Staff will be responsible for the tidiness and selection of resources as and when needed.
- A resource audit will be carried out by the subject lead at the start of the term to ensure all resources and equipment are available for lessons. Where resources need replenishing, the PE lead is to be notified to ensure resources are restocked before they are required.

### **Health and Safety**

- It is the responsibility of the staff to teach the children safe practice during PE lessons.
- The handling of specialist PE equipment will be modelled and supervised.
- Any Health and Safety issues where uncertainty exists, should be clarified by referring to the Safe Practice in P.E handbook, a copy of which is available in the Sports Hall.
- Playing areas/surfaces will be checked by staff prior to lessons.
- Children will be required to tie long hair up and remove any jewellery before lessons.

### **Monitoring of the PE policy**

The PE policy will be monitored by the PE co-ordinator as an ongoing concern, in consultation with the Head teacher.

### **Evaluation of the policy**

- The policy will be evaluated against certain criteria
- Results at the end of KS1 and KS2
- Progress made by the children on assessment
- Inset undertaken by any staff members
- Staff views and discussions
- Work and planning evaluation made by the Co-ordinators and the Head teacher