

# St. Margaret's Anfield Church of England Primary School

Jesus said, "Love one another as I have loved you" (John 13:34).  
Therefore, by faith and work, be the change you want to see.

With God, all things are possible.



## Policy for Young Carers.

Miss H A Cragg

Date	Action	Review Date
December 2023	Adopted by Governing Body	December 2024

# St Margaret's, Anfield, Church of England Primary School.

## Young Carers Policy.

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## 1.0 Policy Statement

At St Margaret's, Anfield, C of E Primary School, we are committed to and fully recognise our responsibilities for supporting young carers; this policy has been developed to ensure that all adults are working together to safeguard and promote the welfare of young carers. We will ensure timely and effective identification of students who are taking on a caring role.

## 2.0 Scope

This policy is a guide to all staff – including non-teaching and governors – outlining

St Margaret's Anfield C of E Primary School's approach to identifying, assessing, and supporting young carers.

It should be read in conjunction with other relevant school policies.

This policy is written with regard to the Children and Families Act 2014 – Section 96, the Care Act 2014 – Section 63, and the Care Act 2014 – Section 64. The Government recognises that schools have a vital role to play and are ideally positioned to identify young carers and to initiate support.

To reinforce this Ofsted recognises young carers as a vulnerable and disadvantaged group. It has strengthened its guidance in The Common Inspection Framework: Education, Skills and Early Years (Ofsted, 2015) stating that “in making judgements inspectors will pay particular attention to young carers”.

## 3.0 Policy Aims

- To provide staff with the framework to promote and safeguard the wellbeing of young carers.
- To ensure consistent good practice across the school by increasing understanding and awareness of, and communication about, young carers.
- To ensure students at the school with caring responsibilities are identified and supported so they can play a full and active role in school life, remain healthy, and achieve their academic potential.
- To enable staff to understand how and when to request a statutory young carers assessment via the Early Help Assessment Tool.
- To encourage students who are impacted by parental ill-health, disability or substance misuse to self-identify and that the school works to a whole family approach and will signpost them and their parents/carers for specific support through the Early Help Framework.

## 4.0 Key Staff Members

This policy aims to ensure all staff take responsibility to identify young carers.

The name of the member of the School's Senior Leadership Team that Young Carer's Champion is **Miss Helen Cragg**.

They will act as a point of contact for on-going information, advice and guidance via the commissioned young carers' service.

They may delegate the day-to-day operational management to another member of staff.

Other key members of staff have specific roles to play:

- Learning Mentor – Mr M Bishop
- DSL – Mrs E Hird
- Class Teachers
- SEND team – Mr M Griffiths, Miss T Owens  
and Mr M Bishop
- Mental Health First Aid Champions
- PSHE Coordinator - Miss T Owens

## 5.0 Raising awareness of young carers

Who are they?

A young carer is defined in law as a 'person under 18 who provides or intends to provide care for another person'. This includes 'providing practical or emotional support' (Children and Families Act 2014).

The scale

The 2011 census identified over 166,363 young carers in England, although research conducted in 2010 by the BBC and the University of Nottingham suggests that as many as 700,000 young people could be providing unpaid care. This is 1 in 12 children.

In Liverpool according to the Joint Strategic Needs Assessment over 5,100 people in Liverpool aged under 25 identified themselves as providing unpaid care, equating to 3.5% of that group. The level of unpaid care provided by young people in the city is the highest among the eight core cities in England, and significantly above both national and regional levels.

What do young carers do?

The tasks and level of caring undertaken by young carers can vary according to the nature of the illness or disability, the level and frequency of need for care, and the structure of the family as a whole.

Young carers often take on practical and/or emotional caring responsibilities that would normally be expected of an adult.

These can include:

- Practical tasks – cooking, housework and shopping.
- Physical care – lifting or helping someone use the stairs.
- Personal care – dressing, washing, helping with toileting needs.
- Emotional support – listening, calming, being present.
- Managing the family budget, collecting benefits and prescriptions.
- Medication management.
- Looking after younger siblings.
- Helping someone communicate.

### **How does caring affect a child or young person's life?**

- **Physical health:** Young carers are often severely affected by caring through the night, repeatedly lifting a heavy adult, poor diet and lack of sleep.
- **Emotional wellbeing:** Stress, tiredness and mental ill-health are common for young carers.

### **6.0 Possible Indicators that a child/young person may be a young carer:**

- Low attendance - lateness to or absence from school.
- Achievement – failing to reach their potential.
- Presentation –tired/ hungry/ unkempt.
- Not taking part in extracurricular activities.
- Social skills – under or overdeveloped.
- Isolated/ being bullied.
- Homework /coursework is late or poor quality.
- Anxiety/constantly worried.
- Behavioural problems and poor concentration.
- Physical problems.
- **No obvious signs – school may be a break from caring.**

### **7.0 Early Help and Liverpool Young Carers Pathway.**

We will ensure that staff, students and parents/carers are aware of the right to a young carers' assessment, as well as the support and services available to them, and how they can access these services.

Within the school (noticeboards, common rooms, toilets etc.) and through our communication channels (newsletters, websites), we will share and display relevant information about young carers and how they can access support as well as who they can talk to in school.

#### **Young Carer's Assessment**

- The school will utilise the Early Help Framework and if it appears a student has identified needs related to and associated with the negative impact of caring.
- Barnardo's Action with Young Carers is a city-wide community-based service that ensures young carers and young adult carers in Liverpool are identified and can receive a carer's assessment, support plan and review under the statutory duty of the Council.

We will ensure all appropriate policies reflect the needs of young carers and have mechanisms in place to monitor how many students are taking on a caring role and the outcomes for this group.

## 8.0 Support at school

- The school will adapt its admissions process to provide opportunities for young carers and their families to self-identify and make them aware what support is available to them.
- Pupil premium funding will be used where possible to minimise any barriers to education and learning experienced by an eligible young carer.
- **Personalised School-Based Support** – One to one support from A Burrows (Pupil Support Officer) and/or Miss H Cragg (AHT Welfare) PLC and CAMHS services as required. Support for parents via the EHAT process. Free access to Breakfast Club (daily or as required).
- The school will look to consider alternative arrangements if a young carer cannot attend after-school activities e.g. Lunch time activities and enriching interventions within school hours (access to specific interventions will be logged by Young Carer's Champion).
- If required, the school will allow young carers to use a phone to call home during breaks and lunchtimes to reduce the worry that they may have about a family member.
- The school actively seeks feedback from our young carers and their families to look at how we can improve the support we put in place for young carers.

### Local Support

We recognise some children and young people are at greater risk of experiencing poorer mental health and this includes young carers. In Liverpool, there is a range of organisations and groups offering support, including the **CAMHS partnership**, a group of providers specialising in children and young people's mental health wellbeing. These partners, which include Action with Young Carers, deliver accessible support to children, young people and their families, whilst working with professionals to reduce the range of mental health issues through prevention, intervention, training and participation.

<https://www.liverpoolcamhs.com/>

## **9.0 Whole school approach**

We will ensure all appropriate policies reflect the needs of young carers and have mechanisms in place to monitor how many students are taking on a caring role and the outcomes for this group.

## **10.0 Supporting parents**

Telephone appointments, home visits or alternative appointment times may be offered to those parents who may have difficulty attending parents evening due to their ill health and/or disability.

Parents will be offered school and additional services support via the EHAT process.

## **11.0 Policy Review**

This policy will be reviewed every two years as a minimum. The next review date is: December 24

In between updates, the policy will be updated when necessary to reflect local and national changes.

This is the responsibility of Miss Helen Cragg

Any personnel changes will be implemented immediately.