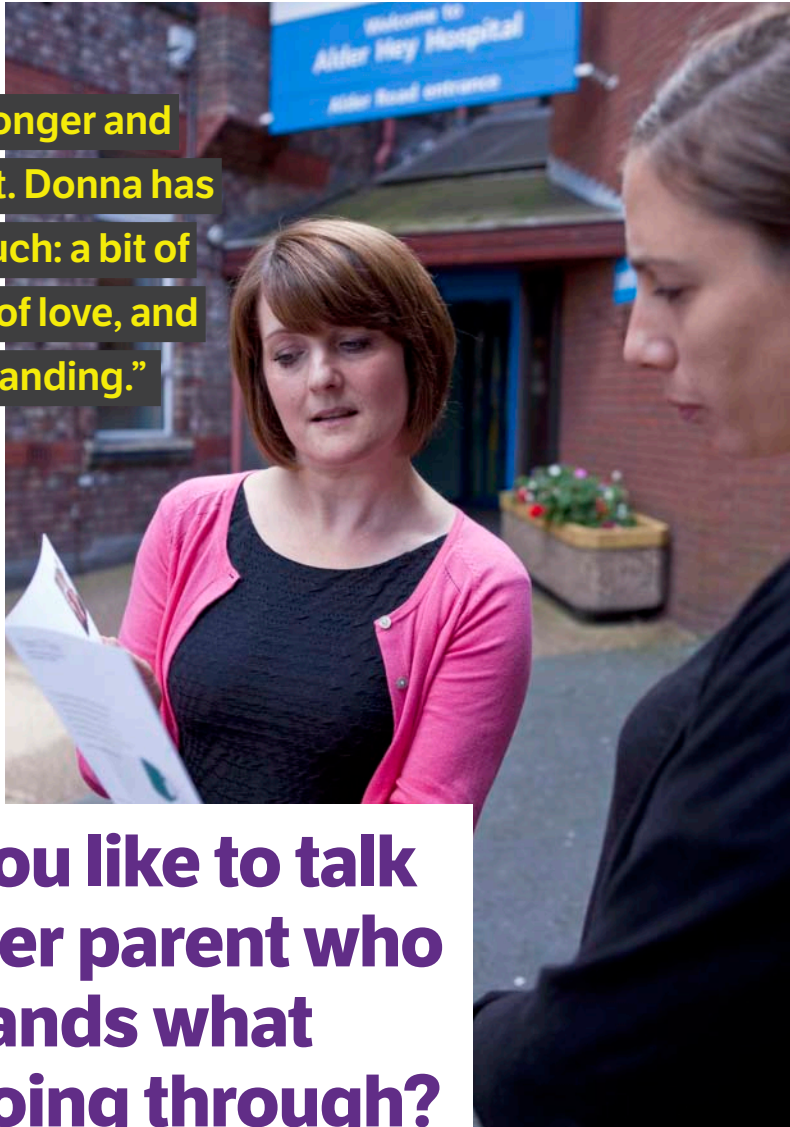


“Today I feel stronger and more confident. Donna has given me so much: a bit of direction, a bit of love, and a lot of understanding.”

Sue



Would you like to talk to another parent who understands what you're going through?

Face 2 Face befriends parents and carers of children with additional needs to provide emotional and practical support

Alder Hey Children's 
NHS Foundation Trust

Face 2 Face
Parents supporting parents
of disabled children

Caring for a child with additional needs can be tough. When you're juggling work, household tasks and various medical appointments for your child, there's little time left for you. Many parents feel alone and unsupported. Face 2 Face is a free befriending service offering one to one emotional support for parents of children with additional needs.

By using the Face 2 Face service you will meet a befriender who is a trained listener, there for you if you want to laugh, cry, or simply let off steam about your day. All our bendifenders are parents or carers of children with additional needs, so they know better than most where you're coming from.

Face 2 Face Alder Hey is based within Alder Hey Hospital but is available for any parents or carers accessing the hospital's services, you don't have to live in the local area.

Sessions can take place in your home, at Alder Hey Hospital or at a nearby location of your choice. Our Face 2 Face co-ordinator will be able to put you in touch with your local Face 2 Face service or refer you to our online and telephone befriending scheme.

Vicky Harris 07843 467588
vicky.harris@scope.org.uk
scope.org.uk/face2face

Face 2 Face Alder Hey is kindly supported by Anne Reece.

Scope is a charity that exists to make this country a place where disabled people have the same opportunities as everyone else. Until then, we'll be here.